



General Nursing Skills Checklist

Name:

Date:

Experience Since:

BASIC SKILLS	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Blood Pressure					
Pulse Rate (apical, radial)					
Temperature (oral, axillary, rectal)					
Respirations					
Handwashing					
Non-sterile Gloves					
Skin Care					
Mouth Care					
Bathing (complete, partial)					
Feeding Assistance					
Bedmaking (occupied, unoccupied)					
Scale Weight (standing, bedscale)					
Repositioning (supine, sidelying, sitting up)					
Transfers (wheelchair, chair, stretcher)					
Ambulation with Equipment/Tubes					
Isolation Procedures					
Postmortem Care					

NEURO	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Glasgow Coma Scale					
Motor/Sensory Function Assessment					
Cranial Nerve Assessment					

CARDIOPULMONARY	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Normal Heart Sounds (S1, S2)					
Peripheral Pulses					
Edema Assessment					
Anti Embolism (TED) Stockings, Socks, Hose, etc.					
Sequential Compression Devices					
12 Lead ECG					
Respiratory Assessment					
Normal Breath Sounds					
Pulse Oximetry					
Nasal Cannula					
Venturi Mask					
Rebreather/Non-Rebreather Masks					
Suctioning (oro/nasopharyngeal, endotracheal)					
Tracheostomy Care					
Chest Tube Care					
Incentive Spirometer					

GASTROINTESTINAL	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Abdominal Palpation					
Auscultation of Bowel Sounds					
Calorie Counts					
Enteral Feeding Tubes (NG-Tube, NJ-Tube, ND-Tube)					
Enteral Feeding Tubes (G-Tube, PEG, GJ-Tube, J-Tube)					
Oral & Enteral Intake Measurement					
Enteral Tube Care and Management					
Enema (cleansing, return-flow, medicated, oil retention)					
Ostomy Care					
Fecal Bag					
Stool Specimen Collection					
Bedpan Assistance					

GENITOURINARY	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Urinal Assistance					
Urine Assessment & Measurement					
Bladder Assessment					
Bladder Irrigation					
Urinary Catheter Insertion & Removal					
External Catheter					
Suprapubic Catheter					
Nephrostomy Management & Care					
Urine Collection Bags					
Peritoneal Dialysis					
Hemodialysis Vascular Access					
Incontinence Care					

MUSCULOSKELETAL	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Inspection & Palpation of Muscles & Joints					
Range of Movement Assessment (active, passive)					
Neurovascular Assessment of Limb(s)					
Skin Traction					
Skeletal Traction & Device Management					
Splints (soft, hard , air or vacuum)					

SKIN	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
General (color, temperature, texture, turgor)					
Pressure Ulcer Risk Assessment & Care					
Dry Sterile Dressing					
Wound Irrigation					
Wound Packing					
Hydrocolloid Dressing					
Hydrogel Dressing					
Drain Site Care					
Post-Op Wound Assessment & Care					
Warm & Cool Compresses					
Aquathermia Pad (K-Pad)					
Ice Packs					

MEDICATION	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Interpretation of Medication Order					
Oral (PO) Medication					
Enteral (feeding tube) Medication					
Eye Drops & Ointments					
Nose Drops & Sprays					
Inhalers (metered-dose, MDI w/ spacer, breath-activated)					
Nebulisers					
Topicals					
Rectal / Vaginal Suppositories					
Intradermal (PPD)					
Subcutaneous Sites and Injections					
Intramuscular Sites & Injections					
Medication Reconstitution					
Mixing 2 Meds in 1 Syringe					
High Risk / High Alert Medication					
Patient-Controlled Analgesia (PCA pumps)					
"Rights" of Medication Administration					
Nursing Implications for Medications					

INTRAVENOUS	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Peripheral IV Site Assessment					
Venous Cannulation					
IV Setup, Tube Prep, Attachment to Patient via Gravity or Pump					
Secondary IVPB via Lock or Pump					
Conversion of IV Infusion to Lock, Lock to Infusion					
Replacing IV Solution, Tubing					
IV Flushing Protocol					
Calculating Flow Rates - ml/hr, ml/min, gtt/min, gtt/ml					
Discontinuing IV Peripheral Line					
Central Line Site Assessment					
Peripherally Inserted Central Catheters (PICC) Assessment					
Care of Central Line and PICC Insertion Sites					
Hyperalimentation					

PROFESSIONAL ROLE	Highly Experienced, Very Comfortable	Experienced, Comfortable	Limited Experience, Limited Comfort	Inexperienced, Not Comfortable	Not Applicable
Communication with Nursing Staff					
Communication with Physicians					
Communication with Other Disciplines					
Clinical Decision-Making					
Critical Thinking					
Giving and Getting Reports					
Documentation					
Admitting a Client					
Discharge Planning					
Transferring a Client					
Discharging a Client					
Therapeutic Communication					
Cultural / Spiritual Assessment					

My responses in this checklist represent a true reflection of my experience and comfort level.

Signature: _____